

# TRANSITION TO HIGHSCHOOL WORKSHOP

PARENTS & CAREGIVERS

THIS WORKSHOP IS  
**FREE!**

**ONLINE**

**24.11.2025**

**7PM - 8:15 PM**

**ADVICE &  
GUIDANCE ON**

MENTAL HEALTH & WELLBEING  
ORGANISATION  
FRIENDSHIPS

GOAL SETTING  
SAFE SOCIAL MEDIA USE  
CONFLICT MANAGEMENT

**RESERVE YOUR SPOT NOW**

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